## PARTICIPANT APPLICATION FORM

Please make sure you fill in this form clearly, using BLOCK CAPITALS, and return it to the RDA Group address below



This section must be completed by the RDA Group, before the form is given to the applicant			
RDA Group Name	Muirfield Riding Therapy		
Charity Number	CO 028674		
<b>Group Contact Name</b>	act Name Susan Law		
Contact Address to which the completed application	Indoor Arena West Fenton		
form should be sent	EH39 5AL		
Contact Email Address	admin@muirfieldridingtherapy.org.uk		
Contact Telephone Number 01620 842502			

All information provided on this form will remain strictly confidential, for use by relevant RDA personnel only, in compliance with the statutory requirements of the Data Protection Act 2018. It will be used to help us to understand any specific needs you may have and to support you. We will also use this information to contact you in relation to your activities with RDA - this may include sending you important information about your involvement in your RDA Group, or any other activities you may take part in within RDA.

### **PART 1 – YOUR DETAILS** (details of the participant)

First Name/s			Last	Name				
What name/ nick	name do you like to be known	by?			Preferred Pre	onouns?		
Date of Birth			Sex	M / F / I	identify in and	ther way	/ Prefer not t	o say
If you are not fl	uent in English, which lang	uage/s do you	ı use o	n a daily b	asis?			
Address								
			Posto	ode				
Telephone			Mobi	le				
Email								
Do you have an	Do you have any previous experience of riding or carriage driving at an RDA Group? YES NO							
If YES, what is the RDA Group's name?								
Are you joining as part of a school, college or care centre group, or similar?  YES  NO								
If YES, what is t	the name of the school, col	lege or centre?	?					

### PART 2 - SPECIFIC INFORMATION ABOUT YOU

Please tell us about your disability or impairment and	how it affects you (to help us to understand how to support you)		
Do you have any conditions that may need special at			
Is there anything else about your disability or impairment the experience?	at we should be aware of, to help us to improve your RDA		
	ty and how we can support you, please provide the name nows you and is familiar with your medical condition(s)		
•			
What is your height?	What is your current weight?		
Please note that the applicant's height and weight details will be used discreetly by the group's coach, to assess the suitability			
of available horses or ponies			

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ALLERGIES	Do you have any known allergies?	YES	NO	
EYESIGHT	Do you have a visual impairment, or do you have low vision?	YES	NO	
HEARING	Do you have a hearing impairment, or do you have hearing loss?	YES	NO	
	Do you need any help with walking?	YES	NO	
	Can you walk up a few steps (e.g. up a mounting block to a horse)	YES	NO	
WALKING/MOBILITY	Do you use any walking aids or supports?	YES	NO	
-,	Do you wear any orthopaedic appliances?	YES	NO	
	Are you a wheelchair user?	YES	NO	
	Can you take weight through your feet (e.g. sitting to standing)	YES	NO	
COMMUNICATION	Do you understand BSL and use it to communicate yourself?	YES	NO	
	Do you understand Makaton and use it to communicate yourself?	YES	NO	
INSTRUCTIONS	Would you prefer that we help you by using very simple instructions?	YES	NO	

If you have answered YES to any of the above questions, please detail any additional information that you think would be helpful to us, to be able to help and support you, and give you the best experience we can

#### **PART 4 - DECLARATION**

- I wish to apply to join an RDA Group as a participant, and confirm that all details given on this form are true and accurate, to the best of my knowledge
- I agree that should the RDA Coach require additional information on my medical condition at any time, I will provide what is needed and will be willing to obtain a medical report from a medical professional, if necessary, who is familiar with my condition/s. I understand that I may be required to pay a fee for such a report.
- I confirm that I will notify RDA immediately if any of the details or information provided on this form should change in any way
- I recognise that this activity involves risk, and that I, the participant, must take all reasonable precautions and follow all advice properly given, at all times
- I understand that horses and ponies, by nature, are unpredictable and as such they may react to a situation or to the local environment in such a way that the rider/ vaulter/ carriage driver may be unseated by accident

In the absence of any negligence on the part of the RDA Group or RDA UK, I fully understand and accept that no liability will attach to either party.

PHOTOGRAPHS/ VIDEOS	, , , , , , , , , , , , , , , , , , ,		NO	
SIGNATURE	PARTICIPANT / PARENT / GUARDIAN / CARER (please delete as appropriate)	DATE		

Emergency Contact Details	box I co	it is important that we know who to contact in case you are injured or become unwell. By ticking this pox I confirm that have the consent of the person below, to be contacted in an emergency during the course of RDA activities			
<b>Emergency Contact Na</b>	me &		Emergency Contact		

Emergency Contact Name & Emergency Contact
Relationship to Applicant Number

# PART 5 – APPLICANT'S PARENT OR LEGAL GUARDIAN DETAILS & CONFIRMATION OF CONSENT TO JOIN RDA

(if this form has been completed by a parent/ legal guardian, or if the applicant is under 18 years old)

Name	Relationship to Applicant
Address	
Address	Postcode
Telephone	Mobile

RDA GROUP USE ONLY:	DATE APPLIC	ATION RECEIVED:
APPLICATION	APPROVED /	DECLINED (delete as applicable)
APPLICATION SUBJECT TO TRIAL PERIOD?	Y / N	If yes, trial end date:
APPLICATION REVIEW DUE DATE (MUST BE AT L	EAST EVERY 3 YEARS)	:

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# **Supplementary Application Information**



Name:	Date of Birth:	

Please could you answer the following questions to enable us to keep you safe and to give you the best possible experience? If YES, please use the box overleaf to provide details, referencing the question number.

1.	Have you ridden a horse before?	Yes	No
2.	Are you likely to be very scared and need extra help?	Yes	No
3.	Do you tire quickly with exercise?	Yes	No
4.	Do you have any pain?	Yes	No
5.	Do you have sensory triggers? e.g. noise, touch, sensations	Yes	No
6.	Do you have difficulty sitting on a chair independently? i.e. without straps	Yes	No
7.	Do you have difficulty controlling your head?	Yes	No
8.	Do you have any problems with your back or neck?	Yes	No
9.	Do you have any problems with your hips?	Yes	No
10.	Do you have epilepsy or any type of seizures? If yes, please complete <b>the additional</b> questions on reverse of form.	Yes	No
11.	Do you have any problems with blood clotting or bone density?	Yes	No
12.	Do you have any current health or medical problems which are not listed on the application form? e.g. swelling of any joint(s), autoimmune condition, open wounds, asthma, allergies, eating disorders, recent surgery, diabetes, current virus.	Yes	No
13.	Do you have any tubes or orthoses?	Yes	No
14.	Do you have problems with sensation? For Example: would you feel pain, and be able to tell us, if the saddle rubbed your skin?	Yes	No
15.	Are you <u>currently</u> seen by a Physiotherapist, Occupational or Speech Therapist? If yes, can you please give their name?	Yes	No
16.	Are you on medication that may need administered on site?  If yes, please note that MRT personnel are unable to administer medication.	Yes	No



## Epilepsy/Seizures - Additional Questions to be Completed if Answer to Q10 is YES

Muirfield Riding Therapy

A member group of Riding for the Disabled Association

- a) What type of seizure do you experience?
- b) When did your last seizure occur?
- c) Is there a pattern to the seizures?
- d) Do you have triggers?
- e) Are there warning signs to look for?
- f) Can you describe your seizures?
- g) After the seizure ends, what might we expect?
- h) Are you tired the following day?
- i) Are you likely to require medication on site?

Additional information, please reference the question number	
Signature:	Date:
Participant/Parent/Guardian/Carer	

Thank you for sharing this information, which will ensure you are safe and well supported. It will help draw up an Action Plan, if required. If we need to know more, we may contact you for further information, or ask one of our therapists to make contact for further discussion.

This information will only be shared with MRT personnel who will be assisting you.

Please update us with any changes to the information provided.

Delete as appropriate